



Sample Schedule

WEEKS 24-39

After Merge Five (with catnap)

Feeding Activities

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| <p>1. Morning</p> <p>7:00 am</p> <p>_____ am</p> <p>_____ am</p> | <p>Feeding</p> <p>Waketime</p> <p>Down for nap</p> |
| <p>2. Late Morning</p> <p>_____ am</p> <p>_____ am</p> <p>_____ am</p> | <p>Feeding</p> <p>Waketime</p> <p>Down for nap</p> |
| <p>3. Mid-Afternoon</p> <p>_____ pm</p> <p>_____ pm</p> <p>_____ pm</p> | <p>Feeding</p> <p>Waketime</p> <p>Down for catnap</p> |
| <p>4. Late Afternoon</p> <p>_____ pm</p> <p>_____ pm</p> <p>_____ pm</p> | <p>Feeding</p> <p>Waketime</p> <p>Down for catnap</p> |
| <p>5. Early Evening</p> <p>_____ pm</p> <p>8:00-8:30 pm</p> | <p>Early evening Waketime</p> <p>Liquid Feed, down for night</p> |

