Sample	Schedule

sor and

WEEKS 28-40

After Merge Six (no catnap)

Feeding Activities

1	. Morning		
	7:00-8:00 am	Feeding	
		Waketime	
		Down for nap	
2	. Mid-day		
		Feeding	
		Waketime	
		Down for nap	
3	. Late Afternoon		
		Feeding *	
		Waketime	
		Dinner time with family **	
		Early evening waketime	
4	. Bedtime Fee		
	8:00 pm	Liquid Feeding and	
		Down for night	
*	•	eal/vegetables and/or fruits altime with light finger foods nan a full meal	
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	e Babyhood ransitions		D
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Reaching the Nations One Family at a Time