

After Merge Seven

Feeding

Activities

1. Early Morning

7:00 am Feeding
Waketime
Down for nap

2. Mid-day

_____ Feeding
____ Waketime
Down for nap

3. Late Afternoon

Snack after nap
Waketime
Dinner with family

_____ Dinner with family
_____ Early evening waketime

4. Bedtime feed

7:00-8:00 pm Liquid Feeding and Down for night









