

## Visit 1 – A Two-World Perspective - Homework

*There is a direct relationship between doing the homework and success in applying the principles. You will need more than just a casual understanding of what you are about to learn. You may be asked to share some of your insights and discussions of the following questions.*

1. **PTOL Manual - Read Chapter 1, 'A Two-World Perspective.'**
2. **Take inventory of the words your family hears – spoken within the family, neighbours, TV, screen time, etc. Assess the balance of Life and Death words.**
3. **Consider what may need to change or how to create a “life giving” home environment. Encourage each other, and your children, when you notice “life-giving” speech.**
4. **Introduce the phrase “please give me understanding” when you feel your spouse has rushed to judgement**

### Questions for Review

1. **Why do we need to speak words of life?**

2. **Complete this sentence.**

\_\_\_\_\_ gives rise to understanding, and understanding prepares the

way for \_\_\_\_\_.

## Visit 2 – Marriage and the Secure Child – Homework

*There is a direct relationship between doing the homework and success in applying the principles. You will need more than just a casual understanding of what you are about to learn. You may be asked to share some of your insights and discussions of the following questions.*

1. **PTOL Manual - Read Chapter 2, 'Marriage and the Secure Child.'**
2. **Practise Couch time.**
3. **Schedule some “date nights” for the next several months. You will find that once they are in the calendar, they tend to happen.**
4. **Keep working on SPEAKING LIFE. Change habits and create new ones where needed.**

### Questions for Review

1. **Where do we first learn the meaning of such things as empathy?**
2. **What should a home become?**
3. **What are the three prevailing influences that shape a child’s destiny?**
4. **For what reason did God create women and establish marriage?**
5. **Explain the statement in your own words, “Children do not complete the family, they expand it?”**
6. **List the five actions that can help maximise your parenting influence?**
7. **What are the three priority needs of early childhood?**

## Visit 3 – Understanding your Child’s Love DNA – Homework

*There is a direct relationship between doing the homework and success in applying the principles. You will need more than just a casual understanding of what you are about to learn. You may be asked to share some of your insights and discussions of the following questions.*

- 1. PTOL Manual - Read Chapter 3, 'Understanding your Child’s Love DNA'**
- 2. This week please complete the Love Language questionnaire & discuss together.**

### Questions for Review

**No questions to review.**

**Parenting from the Tree of Life – Love Language Test****Group One**

- A \_\_\_\_\_ Your spouse/friend tells you with all sincerity how much he or she appreciates the quality job you did for them.
- B \_\_\_\_\_ Your spouse/friend unexpectedly does something in or around the house or your room that you appreciate.
- C \_\_\_\_\_ Your spouse/friend brings you a surprise gift from the store.
- D \_\_\_\_\_ Your spouse/friend invites you to go on a leisurely walk just to chat.
- E \_\_\_\_\_ Your spouse/friend makes a point to embrace you before leaving the house.
- F \_\_\_\_\_ Your spouse/friend (female) brings your favourite flowers to you during a time when you could use some encouragement. Your spouse/friend (male) stops by just to see how you are doing after you had a discouraging week.

**Group Two**

- A \_\_\_\_\_ Your spouse/friend tells you how much he or she appreciates you.
- B \_\_\_\_\_ Your spouse/friend volunteers to do the dishes and encourages you to relax, or your spouse/friend volunteers to wash your car and encourages you to relax.
- C \_\_\_\_\_ Your spouse/friend (male) brings you flowers, just because he cares. Your spouse/friend (female) brings home a treat from the local bakery.
- D \_\_\_\_\_ Your spouse/friend invites you to sit down and talk about your day.
- E \_\_\_\_\_ Your spouse/friend gives you a hug even when you are just passing from one room to another.
- F \_\_\_\_\_ Your spouse/friend (female) buys you an exact bracelet the two of you were talking about on a previous occasion. Your spouse/friend (male) buys you the exact tool missing from your workbench that the two of you were talking about a week earlier.

**Group Three**

- A \_\_\_\_\_ Your spouse/friend shares publicly during a party about a recent success you had.
- B \_\_\_\_\_ Your spouse/friend vacuums out your car and washes it while doing their own.
- C \_\_\_\_\_ Your spouse/friend surprises you with an unexpected gift.
- D \_\_\_\_\_ Your spouse/friend surprises you with a special afternoon trip.
- E \_\_\_\_\_ Your spouse holds your hand as you walk through the mall or stands by your side with an arm around your shoulder at a public event.
- F \_\_\_\_\_ Your spouse/friend picks up one of your weekly responsibilities after hearing how busy your week is.

**Group Four**

- A \_\_\_\_\_ Your spouse/friend praises you about one of your special qualities.
- B \_\_\_\_\_ Your spouse/friend brings you breakfast in bed.
- C \_\_\_\_\_ Your spouse/friend surprises you with a membership to something you always wanted.
- D \_\_\_\_\_ Your spouse/friend plans a special night out for the two of you.
- E \_\_\_\_\_ Your spouse/friend sits next to you on the couch to watch your favourite television show, even though they don't care for it.
- F \_\_\_\_\_ Your arms filled with grocery bags. The stranger coming toward the entrance rushes forward to open the door for you.

**Group Five**

- A \_\_\_\_\_ Your spouse/friend shares a report from a mutual friend of how much you blessed them in a moment of need.
- B \_\_\_\_\_ Your spouse/friend takes the time to help fill out the long, complicated application that you were dreading to do.
- C \_\_\_\_\_ Your spouse/friend sends you something special in the mail.
- D \_\_\_\_\_ Your spouse/friend kidnaps you for lunch and takes you to your favourite restaurant.
- E \_\_\_\_\_ Your spouse/friend gives you back rub.
- F \_\_\_\_\_ You casually mention to a long-distance acquaintance the battery of blood tests your mother is about to go through. Three months later, you see your friend, and he/she inquires about your mum's health.

**Group Six**

- A \_\_\_\_\_ Your spouse/friend sends an impromptu text message, "You are loved".
- B \_\_\_\_\_ Your spouse/friend knew you were hoping to clean and polish your outside grill, but couldn't find the time. He or she does it for you.
- C \_\_\_\_\_ Your spouse/friend bakes/buys your favourite speciality bread.
- D \_\_\_\_\_ Your spouse/friend joins you in the kitchen while you are preparing a meal.
- E \_\_\_\_\_ Your spouse/friend is intensely busy, but takes the time to call you to find out how your day is going.
- F \_\_\_\_\_ While working on a kitchen project, your spouse/friend offers to take the kids out for the day, so you can focus exclusively on the project.

Transfer your scores

	Encouraging words	Acts of Service	Gift Giving	Quality Time	Touch & Closeness	Thoughtfulness
Group 1	A _____	B _____	C _____	D _____	E _____	F _____
Group 2	A _____	B _____	C _____	D _____	E _____	F _____
Group 3	A _____	B _____	C _____	D _____	E _____	F _____
Group 4	A _____	B _____	C _____	D _____	E _____	F _____
Group 5	A _____	B _____	C _____	D _____	E _____	F _____
Group 6	A _____	B _____	C _____	D _____	E _____	F _____

Compare your scores with those of your spouse/friend/parent. Write down from the primary to the least of the emotional languages for each family member. Be prepared to share with the class how today's lesson affected relationships at home, church and work.

## Visit 4 – Creating Treasures of the Heart – Homework

*There is a direct relationship between doing the homework and success in applying the principles. You will need more than just a casual understanding of what you are about to learn. You may be asked to share some of your insights and discussions of the following questions.*

1. **PTOL Manual - Read Chapter 4, 'Creating Treasures of the Heart.'**
2. **When encouraging your children or spouse this week, add appropriate touch. It may be as intimate as a hug through to a pat on the shoulder.**
3. **Take advantage of that first opportunity in the morning for a 'good morning' hug as you say good morning, and encourage siblings to do the same.**
4. **Consider what treasures of the heart are you instilling in your children, and what you may need to adjust now and in the future.**

### Questions for Review

1. **While both parents send messages through all five senses, how do fathers primarily communicate their message?**
  
2. **Complete this sentence. When a father touches his children, he is brings the \_\_\_\_\_ image of God and a mother's touch brings the \_\_\_\_\_ expression of God to her children.**
  
3. **Why is touch so important?**
  
4. **Why must touch be a big part of the parent-child relationship?**

## Visit 5 – The Power of Life & Death (Part 1) – Homework

*There is a direct relationship between doing the homework and success in applying the principles. You will need more than just a casual understanding of what you are about to learn. You may be asked to share some of your insights and discussions of the following questions.*

1. **PTOL Manual - Read Chapter 5, 'The Power of Life and Death – Part One.'**
2. **Review how you are going with words that speak life and vice versus virtue.**
3. **Assess how you speak praise; is it honest praise or flattery?**

### Questions for Review

1. **What effect does the type of emotional messages we send to our children through the course of the day have on our children?**

2. **What is the difference between praise and affirmation?**

3. **What is the difference between flattery and honest praise?**

4. **Complete these sentences:**

**Fathers must learn to give their children the \_\_\_\_\_.**

**Failure with effort is \_\_\_\_\_, but failure without effort is \_\_\_\_\_.**



## Visit 6 – The Power of Life & Death (Part 2) – Homework

*There is a direct relationship between doing the homework and success in applying the principles. You will need more than just a casual understanding of what you are about to learn. You may be asked to share some of your insights and discussions of the following questions.*

1. **PTOL Manual - Read Chapter 6, 'The Power of Life and Death – Part Two.'**
2. **Dad – plan to write a note for your children once this week and then once every three or four weeks.**
3. **Look for “open window” moments and prove yourself trustworthy as guardian of your children’s hearts.**
4. **Talk as a couple (maybe during couch time) what steps you need to take to get connected with a like-minded community.**
5. **Use a white tile, whiteboard or chalkboard to give the family a loving message for the day.**

### Questions for Review

1. **What do your words and tones set as a Mum & Dad?**
2. **What do Fathers need to do with their tongue and tone?**
3. **Instead of saying “You talk too much!” what can you say?**