

Visit 1 – A Two-World Perspective - Homework

There is a direct relationship between doing the homework and success in applying the principles. You will need more than just a casual understanding of what you are about to learn. You may be asked to share some of your insights and discussions of the following questions.

1. **PTOL Manual - Read Chapter 1, 'A Two-World Perspective.'**
2. **Take inventory of the words your family hears – spoken within the family, neighbours, TV, screen time, etc. Assess the balance of Life and Death words.**
3. **Consider what may need to change or how to create a “life giving” home environment. Encourage each other, and your children, when you notice “life-giving” speech.**
4. **Introduce the phrase “please give me understanding” when you feel your spouse has rushed to judgement**

Questions for Review

1. **Why do we need to speak words of life?**

2. **Complete this sentence.**

_____ gives rise to understanding, and understanding prepares the

way for _____.

Visit 2 – Marriage and the Secure Child – Homework

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1. **PTOL Manual - Read Chapter 2, 'Marriage and the Secure Child.'**
2. **Practise Couch time.**
3. **Schedule some “date nights” for the next several months. You will find that once they are in the calendar, they tend to happen.**
4. **Keep working on SPEAKING LIFE. Change habits and create new ones where needed.**

Questions for Review

1. **Where do we first learn the meaning of such things as empathy?**
2. **What should a home become?**
3. **What are the three prevailing influences that shape a child’s destiny?**
4. **For what reason did God create women and establish marriage?**
5. **Explain the statement in your own words, “Children do not complete the family, they expand it?”**
6. **List the five actions that can help maximise your parenting influence?**
7. **What are the three priority needs of early childhood?**

Visit 3 – Understanding your Child’s Love DNA – Homework

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- 1. PTOL Manual - Read Chapter 3, 'Understanding your Child’s Love DNA'**
- 2. This week please complete the Love Language questionnaire & discuss together.**

Questions for Review

No questions to review.

Parenting from the Tree of Life – Love Language Test

Group One

- A _____ Your spouse/friend tells you with all sincerity how much he or she appreciates the quality job you did for them.
- B _____ Your spouse/friend unexpectedly does something in or around the house or your room that you appreciate.
- C _____ Your spouse/friend brings you a surprise gift from the store.
- D _____ Your spouse/friend invites you to go on a leisurely walk just to chat.
- E _____ Your spouse/friend makes a point to embrace you before leaving the house.
- F _____ Your spouse/friend (female) brings your favourite flowers to you during a time when you could use some encouragement. Your spouse/friend (male) stops by just to see how you are doing after you had a discouraging week.

Group Two

- A _____ Your spouse/friend tells you how much he or she appreciates you.
- B _____ Your spouse/friend volunteers to do the dishes and encourages you to relax, or your spouse/friend volunteers to wash your car and encourages you to relax.
- C _____ Your spouse/friend (male) brings you flowers, just because he cares. Your spouse/friend (female) brings home a treat from the local bakery.
- D _____ Your spouse/friend invites you to sit down and talk about your day.
- E _____ Your spouse/friend gives you a hug even when you are just passing from one room to another.
- F _____ Your spouse/friend (female) buys you an exact bracelet the two of you were talking about on a previous occasion. Your spouse/friend (male) buys you the exact tool missing from your workbench that the two of you were talking about a week earlier.

Group Three

- A _____ Your spouse/friend shares publicly during a party about a recent success you had.
- B _____ Your spouse/friend vacuums out your car and washes it while doing their own.
- C _____ Your spouse/friend surprises you with an unexpected gift.
- D _____ Your spouse/friend surprises you with a special afternoon trip.
- E _____ Your spouse holds your hand as you walk through the mall or stands by your side with an arm around your shoulder at a public event.
- F _____ Your spouse/friend picks up one of your weekly responsibilities after hearing how busy your week is.

Group Four

- A _____ Your spouse/friend praises you about one of your special qualities.
- B _____ Your spouse/friend brings you breakfast in bed.
- C _____ Your spouse/friend surprises you with a membership to something you always wanted.
- D _____ Your spouse/friend plans a special night out for the two of you.
- E _____ Your spouse/friend sits next to you on the couch to watch your favourite television show, even though they don't care for it.
- F _____ Your arms filled with grocery bags. The stranger coming toward the entrance rushes forward to open the door for you.

Group Five

- A _____ Your spouse/friend shares a report from a mutual friend of how much you blessed them in a moment of need.
- B _____ Your spouse/friend takes the time to help fill out the long, complicated application that you were dreading to do.
- C _____ Your spouse/friend sends you something special in the mail.
- D _____ Your spouse/friend kidnaps you for lunch and takes you to your favourite restaurant.
- E _____ Your spouse/friend gives you back rub.
- F _____ You casually mention to a long-distance acquaintance the battery of blood tests your mother is about to go through. Three months later, you see your friend, and he/she inquires about your mum's health.

Group Six

- A _____ Your spouse/friend sends an impromptu text message, "You are loved".
- B _____ Your spouse/friend knew you were hoping to clean and polish your outside grill, but couldn't find the time. He or she does it for you.
- C _____ Your spouse/friend bakes/buys your favourite speciality bread.
- D _____ Your spouse/friend joins you in the kitchen while you are preparing a meal.
- E _____ Your spouse/friend is intensely busy, but takes the time to call you to find out how your day is going.
- F _____ While working on a kitchen project, your spouse/friend offers to take the kids out for the day, so you can focus exclusively on the project.

Transfer your scores

	Encouraging words	Acts of Service	Gift Giving	Quality Time	Touch & Closeness	Thoughtfulness
Group 1	A _____	B _____	C _____	D _____	E _____	F _____
Group 2	A _____	B _____	C _____	D _____	E _____	F _____
Group 3	A _____	B _____	C _____	D _____	E _____	F _____
Group 4	A _____	B _____	C _____	D _____	E _____	F _____
Group 5	A _____	B _____	C _____	D _____	E _____	F _____
Group 6	A _____	B _____	C _____	D _____	E _____	F _____

Compare your scores with those of your spouse/friend/parent. Write down from the primary to the least of the emotional languages for each family member. Be prepared to share with the class how today's lesson affected relationships at home, church and work.

Visit 5 – The Power of Life & Death (Part 1) – Homework

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1. **PTOL Manual - Read Chapter 5, 'The Power of Life and Death – Part One.'**
2. **Review how you are going with words that speak life and vice versus virtue.**
3. **Assess how you speak praise; is it honest praise or flattery?**

Questions for Review

1. **What effect does the type of emotional messages we send to our children through the course of the day have on our children?**
2. **What is the difference between praise and affirmation?**
3. **What is the difference between flattery and honest praise?**
4. **Complete these sentences:**
Fathers must learn to give their children the _____.
Failure with effort is _____, but failure without effort is _____.

Visit 6 – The Power of Life & Death (Part 2) – Homework

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1. **PTOL Manual - Read Chapter 6, 'The Power of Life and Death – Part Two.'**
2. **Dad – plan to write a note for your children once this week and then once every three or four weeks.**
3. **Look for “open window” moments and prove yourself trustworthy as guardian of your children’s hearts.**
4. **Talk as a couple (maybe during couch time) what steps you need to take to get connected with a like-minded community.**
5. **Use a white tile, whiteboard or chalkboard to give the family a loving message for the day.**

Questions for Review

1. **What do your words and tones set as a Mum & Dad?**
2. **What do Fathers need to do with their tongue and tone?**
3. **Instead of saying “You talk too much!” what can you say?**