

Visit 1 – The Principle of Why - Homework

There is a direct relationship between doing the homework and success in applying the principles. You will need more than just a casual understanding of what you are about to learn. You may be asked to share some of your insights and discussions of the following questions.

1. **TT Manual - Read Chapter 1 – The Principle of Why.**
2. **Take note of any “take-away” moments or any questions while watching video or reading.**
3. **Identify two beliefs impacting your parenting and two goals you want to achieve as parents. We will discuss some of those beliefs and goals in our next meeting.**
4. **Be prepared to share with your class any personal examples of a broken how that came up this week and how you solved the challenge by going back to why – see Question 5 below.**
5. **Answer Questions for Review below.**

Questions for Review

1. **Write out the words of the equation that correspond to each letter below.**
B -
g -
W -
H -
S -
2. **What does Why represent in parenting?**
3. **What happens when How takes over Why?**
4. **What are the two questions you should ask when you discover a broken how?**
a.
b.
5. **Be prepared to share with your class any personal examples of a broken how that came up this week and how you solved the challenge by going back to why.**

Visit 2 – The Journey of Fatherhood– Homework

There is a direct relationship between doing the homework and success in applying the principles. You will need more than just a casual understanding of what you are about to learn. You may be asked to share some of your insights and discussions of the following questions.

1. **TT Manual - Read Chapter 2 – The Journey of Fatherhood.**
2. **Take note of any “take-away” moments or any questions while watching video or reading.**
3. **As a couple, discuss holiness vs happiness.**
4. **If you have a favorite devotional book or idea you like to use in your family, you may like to share next time we meet.**
5. **Answer Questions for Review below.**

Questions for Review

1. **What is the difference between a child’s ability to mimic and imitate and what are the implications for Dad?**
2. **This chapter highlighted a second growth factor in the life of a young toddler. Please describe it.**
3. **When a father loses the civility of his words, what do his children and wife gain?**
4. **In your own words explain what it means to:**
 - a. **Speak life to your children.**
 - b. **Guard your tongue and tone and learn to measure your response by the excitement on your child’s face.**
5. **When Dad offers thanks at a dinner meal, what else is happening in that moment?**

Visit 3 – The Journey of Motherhood – Homework

There is a direct relationship between doing the homework and success in applying the principles. You will need more than just a casual understanding of what you are about to learn. You may be asked to share some of your insights and discussions of the following questions.

1. **TT Manual - Read Chapter 3 - The journey of Motherhood.**
2. **PFP Manual – Read Appendix A & B**
3. **Take note of any “take-away” moments or any questions while watching video or reading.**
4. **Begin using the phrase “Happy Heart” with your child when they demonstrate contentment, self-control, and/or joy to establish a standard you can refer to later.**
5. **Also be prepared to share a “begin as you mean to go” moment.**
6. **Answer Questions for Review below.**

Questions for Review

1. **According to the authors, what did Napoleon, Lincoln and Hezekiah have in common?**
2. **Knowing that God understands every aspect of your womanhood, briefly describe what your ideal quiet time would look like in this season of your life. Be prepared to share with the class how close you are to achieving your daily devotional objectives.**
3. **Do children complete the family or expand the family? Explain your answer please.**
4. **Why is following after a good example wiser and safer than following after someone’s “good opinion”?**
5. **What are gender predispositions and where do they come from?**
6. **Briefly explain the “whole child” concept.**
7. **What happens to a child when the parent rushes in to rescue him with an urgency that this disproportionate to the actual circumstance?**

Visit 4 – Structuring Your Child’s Day – Homework

There is a direct relationship between doing the homework and success in applying the principles. You will need more than just a casual understanding of what you are about to learn. You may be asked to share some of your insights and discussions of the following questions.

1. **TT Manual - Read Chapter 4 – Structuring Your Child’s Day.**
2. **PFP Manual – Read Appendix 3 – Colic and Reflux, and Appendix 5 – Problem Solving.**
3. **Take note of any “take-away” moments or any questions while watching video or reading.**
4. **Download the worksheets from the GrowingFamilies.life website and develop a schedule for your family. If this is new for you, start with regular meal times, rising times, naptime and bedtimes. If you have work commitments, those will also define part of your day.**
5. **Answer Questions for Review below.**

Questions for Review

There are no further questions for review.

Visit 5 – The Nature of Toddler Conflict– Homework

There is a direct relationship between doing the homework and success in applying the principles. You will need more than just a casual understanding of what you are about to learn. You may be asked to share some of your insights and discussions of the following questions.

1. **TT Manual - Read Chapter 5 - The Nature of Toddler Conflict.**
2. **Take note of any “take-away” moments or any questions while watching video or reading.**
3. **Be prepared to share how your belief system was changed by understanding the nature of a toddler.**
4. **Do you have an example from your family that illustrates a concept in this chapter?**
5. **Continue to work on your routine and implementing it. Please ask questions if you need help. This is such a valuable tool to help deal with toddler/preschool conflict.**
6. **Answer Questions for Review below.**

Questions for Review

1. **Where does toddler conflict come from?**
2. **Explain why the period between eighteen and thirty-six months is the greatest period of conflict in the life of every human being.**
3. **In parenting, what separates one family from another family when it comes to beliefs?**
4. **During the toddlerhood transition, what role does curiosity play?**
5. **In your own words describe how the training concept of *substitution* might be used.**
6. **Please explain the:**
 - a. **nature to will transition**
 - b. **training to educating transition**
7. **When your toddler is asking for something but is not speaking clearly, or is whining or grunting and pointing, you can direct him with what phrase?**

Visit 6 – The Purpose of Obedience– Homework

There is a direct relationship between doing the homework and success in applying the principles. You will need more than just a casual understanding of what you are about to learn. You may be asked to share some of your insights and discussions of the following questions.

1. **TT Manual - Read Chapter 6 - The Purpose of Obedience.**
2. **Take note of any “take-away” moments or any questions while watching video or reading.**
3. **Discuss the following questions and be ready to share:**
 - a. **What is the purpose of rules, regulations, restrictions, and boundaries?**
 - b. **Why train your child to obey you?**
 - c. **What does self-control look like?**
4. **Answer Questions for Review below.**

Questions for Review

1. **What is the purpose of obedience training?**
2. **List the four tiers of the parenting pyramid.**
 - a.
 - b.
 - c.
 - d.
3. **List the four types of responses from a child that a parent will be working on.**
 - a.
 - b.
 - c.
 - d.
4. **When should parents begin to work on proper heart responses with their children?**
5. **What does self-control look like for a toddler?**
6. **When can a parent begin self-control training, teaching their toddler to fold his hands?**

Visit 7 – Sending the Right and Wrong Message– Homework

There is a direct relationship between doing the homework and success in applying the principles. You will need more than just a casual understanding of what you are about to learn. You may be asked to share some of your insights and discussions of the following questions.

1. **TT Manual - Read Chapter 7 – Sending the Right and Wrong Message.**
2. **Take note of any “take-away” moments or any questions while watching video or reading.**
3. **Look for ways in your family (or your neighbor’s family) that demonstrate a concept in this week’s visit. Be ready to share your example and what you have learned.**
4. **Practice Couch Time this week as we talked about in class. Ask each other: “What are 3 things that happened to you today and how did you feel about them?” Sharing like this will help you connect on multiple levels in your husband/wife relationship. Remember to have both of you share.**
5. **Answer Questions for Review below.**

Questions for Review

1. **If a child displays anger, what should a parent counter with and why?**
2. **When a parent’s anger response becomes prevalent in correction, what does the child eventually begin equating wrong behaviour with? What should he be equating wrong behaviour with?**
3. **What does ‘wise in your own eyes’ mean in the parenting process?**
4. **What is the difference between honest praise and flattery?**
5. **What strategies can you use to help encourage obedience with your toddler?**
6. **After calling your child’s name, why should you wait, or pause and listen for a response before giving your instructions?**

Visit 8 – Instruction, Encouragement and Correction – Homework

There is a direct relationship between doing the homework and success in applying the principles. You will need more than just a casual understanding of what you are about to learn. You may be asked to share some of your insights and discussions of the following questions.

1. **TT Manual - Read Chapter 8 – Instruction, Encouragement and Correction.**
2. **Take note of any “take-away” moments or any questions while watching video or reading.**
3. **Practice Couch Time at least twice this week and report back with your successes, challenges, and insights.**
4. **Identify a regular time in your day that you will practice First Time Obedience training with your child. This takes only 5-10 minutes. Share your plan with your spouse. Encourage one another as you develop a new habit.**
5. **Download a copy of the Toddler Discipline Flow Chart. Put it in a place you can use it frequently. It will guide how you think in response to your child’s behavior. How you think can help you respond with better wisdom and self-control.**
6. **Answer Questions for Review below.**

Questions for Review

1. **What are the three family groups in the Toddler Discipline Flow Chart?**
2. **Describe the difference between a toddler meltdown and temper tantrum.**
3. **What are the associated causes when correction is needed for:**
 - a. **Stewardship**
 - b. **Specific behaviour**
 - c. **General behaviour**
 - d. **Endangerment**
4. **Learn the Toddler Discipline Flow Chart sufficiently so if you are asked to fill in a blank chart in your next meeting, you can do so from memory.**

Visit 9 – The Topic Pool – Homework

There is a direct relationship between doing the homework and success in applying the principles. You will need more than just a casual understanding of what you are about to learn. You may be asked to share some of your insights and discussions of the following questions.

- 1. TT Manual - Read Chapter 9 – The Topic Pool.**
- 2. Take note of any “take-away” moments or any questions while watching video or reading.**
- 3. Practice Couch Time at least twice this week and report back with your successes, challenges, and insights.**
- 4. Be prepared to ask any further questions you may have.**
- 5. Answer Questions for Review below.**

Questions for Review

There are no questions for review.